SKILLS ASSESSMENT

Print as many copies of this page as you need to complete the assessment.
This page is intended to be used with the guide provided on the skills assessment web page
www.change-management-coach.com/basic-life-skills.html.

ROLES Functions and duties	SKILLS Ability or competence	RATE IT! ? ✓

Complete the process by writing out a new list of those basic life skills that you do well, and another list of basic life skills that are areas for development.

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