



### FORCE FIELD ANALYSIS: PRACTICAL APPLICATION TOOL

For instructions on using this tool visit [www.change-management-coach.com/force-field-analysis.html](http://www.change-management-coach.com/force-field-analysis.html)

Driving Forces (for change)	Rate It!
<b>RESULT</b>	

**Proposed  
Change:**

Restraining Forces (against change)	Rate It!
<b>RESULT</b>	

"An issue is held in balance by the interaction of two opposing sets of forces - those seeking to promote change (driving forces) and those attempting to maintain the status quo (restraining forces)" – Kurt Lewin.

Please make as many copies of this page as you need. Just give me credit where it's due and make no changes!